

LAVERTON COMMUNITY CHILDREN'S CENTRE

JULY NEWSLETTER 2022



MESSAGE FROM THE OFFICE

This month has had us welcome back Mel in the office on a more regular basis (thank goodness). She has been fantastic at catching us up on all things admin. We are also very thankful to you all for your understanding as Krystle and I are adapting to the new position.

We were extremely happy to see a lot of you at the parent evenings getting to know you a better. We received a lot of positive feedback about programs you would like to see implemented and things you have been happy with. Currently we are working through our policies and procedures so you may see some coming through Kindyhub, our website and perhaps future newsletters to keep you up to date and informed of changes.

We are currently being informed of a lot of hand foot and mouth cases particularly in the babies room. HFMD is extremely contagious and varies in severity case by case. If your child presents with symptoms, please take them to the Dr. and inform the centre. [https://www.rch.org.au/kidsinfo/fact_sheets/Hand foot and mouth disease/#:~:text=Hand%2C%20foot%20and%20mouth%20disease%20\(HFMD\)%20is%20a%20viral,vary%20depending%20on%20the%20virus.](https://www.rch.org.au/kidsinfo/fact_sheets/Hand_foot_and_mouth_disease/#:~:text=Hand%2C%20foot%20and%20mouth%20disease%20(HFMD)%20is%20a%20viral,vary%20depending%20on%20the%20virus.)

[Kids Health Information : Hand, foot and mouth disease](https://www.rch.org.au/kidsinfo/fact_sheets/Hand_foot_and_mouth_disease/#:~:text=Hand%2C%20foot%20and%20mouth%20disease%20(HFMD)%20is%20a%20viral,vary%20depending%20on%20the%20virus.)

Disclaimer . This information is intended to support, not replace, discussion with your doctor or healthcare professionals. The authors of these consumer health information handouts have made a considerable effort to ensure the information is accurate, up to date and easy to understand.

www.rch.org.au

Some of our staff have tested positive for COVID-19 and we are making sure others test if presenting with symptoms or have been a close contact. We are hoping to keep both of these issues at bay with vigilant cleaning, disinfecting, social distancing, mask wearing and a lot of outdoor play.

I hope to get to chat with you all through the halls at some stage. Please feel free to come to us with any issues we may be able to help you with.

Kind regards,

Michelle and Krystle



Krystle
Manager



Michelle
Manager



Melanny
Assistant
Manager

MESSAGE FROM TINA: Learning Through Play

Play provides opportunities for children to learn as they discover, create, improvise and imagine. Children who play with other children create social groups, test ideas, challenge each other's thinking and build new understandings. Play provides a supportive environment where children can ask questions, solve problems and engage in critical thinking. Play can expand children's thinking and enhance their desire to know and to learn. In these ways, play can promote positive dispositions towards learning. Children's immersion in their play illustrates how play enables them to enjoy simply being.

Early childhood educators take on many roles in play with children and use a range of strategies to support learning. They engage in sustained shared conversations with children to extend their thinking. They provide a balance between child-led, child-initiated and educator-supported learning. They create learning environments that encourage children to explore, solve problems, create and construct. Educators interact with babies and children to build attachment. They use routines and play experiences to do this. They also recognise spontaneous teachable moments as they occur, and use them to build on children's learning. Early childhood educators work with young children to promote and model positive ways to relate to others. They actively support the inclusion of all children in play, help children to recognise when play is unfair and offer constructive ways to build a caring, fair and inclusive learning community.



Tina
Educational
Leader



BABIES (0-2 YEARS OLD)

Mirror Boxes.

I made this activity using acrylic mirrors and secured them around recycled boxes. This mirror activity can help children to develop several skills such as: eye-hand coordination, language and listening skills, and imitation.

Some babies use the mirror boxes as a stacking toy instead. This is evident that they are confident and involved learners, as they use play to investigate, imagine and explore ideas.



Aryani
Team Leader.
Diploma



Christina
Cert III-
qualified



Inson
Diploma-
qualified



Helene
Diploma-
qualified



TODDLERS (2-3 YEARS OLD)

In room 3, 4 and 5 whenever we do activities all children joined in the activity together. We always set up activity for all children from room 3, 4 and 5. Before setting up activities, we try to ask children about their choice. Last month all 3 rooms we did concentrate on different areas. Room 3 concentrate on Playdough activity as thinking about children's fine motor skills and hand eye co-ordination. Room 4 concentrate on excursion for children and Room 5 concentrate on Insect's play. In July, we celebrate NAIDOC week in Room 3, 4 and 5 together. We did lots of art and craft activity and cooking experiences.

Room 3

In room 3 we had a sea corner with all sea animal. Children like to play in the sea corner as per their interests, Sukanya did set up lots of art and craft activity for children to do as they have interest on fish activity too. Sukanya made octopus with children by using foam cups and papers and made rainbow fish by using paper plates and glitters. Children made fishing rod with fish by using papers, straws and string. During group time we were reading books about fish and talking about how to care our sea and sea animal. Benefits of art and craft for children: Those activities helping children to develop their Hand eye co-ordination, fine motor skills, building strong hand muscles, Imagination, thinking, innovation and creativity, learning to know names of different types of fish too.



Eti
Diploma-
qualified



Lady Djam
Cert III –
qualified



Sukanya
Cert III -
qualified

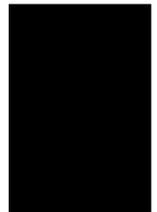
Room 4

In room 4, our main focus is excursion. Children are able to contribute to their world and the environment with not only the centre, but the broader community. Child are also learning and experiencing road safety. When walking around, we learn about our traffic rules such as how we look both ways before and during crossing the road. We also learn about the three lights, green for go, yellow, ready to stop and red for stop. Children can learn skills such as holding onto the rope whilst they walk places such as Curlew Park. Not only going to new places but children have been learning how to respect and explore the environment around them. Children also develop the idea of sustainability and contribute to their community and world around them.

Benefits: Children are able to develop their gross motor skills and taking turns when they are at the park. Children can continue to develop a strong sense of identity, helps them connect and contribute to their world and continue to have a sense of wellbeing. Learning road skills is important Developing skills in new environments are so important for children's growth and development.



Sherry
Diploma-
qualified



Jessica
Diploma-
qualified



Ira
Cert III -
qualified



Kate
Trainee

Room 5

In room 5 children's learning was extended last month when we built up an insect area after noticing that the children were curious about spiders, bees, and other insects. It's always enjoyable and interesting to learn about anything through art and craft. All facets of a child's development are benefited by arts and crafts experiences. As a result, we planned some art and craft activities for them and they participated actively in all of the activities, including constructing spiders out of bottle lids, colouring butterflies, stamping with toy insects, reading books about insects, and singing rhymes about them during group time.

Benefits (art): It enables children to assert individuality and assists them to express feelings. It also aids in the development of children's fine motor skills.



Mamta
Diploma-qualified



Li Chen
Cert III - qualified



Shreya
Cert III - Qualified



INTEGRATED KINDER (3-5 YEARS OLD)



Jiayu (Jay)
Kindergarten
Teacher



Jenny
Cert III-qualified



Kerry
Diploma-qualified



Narelle
Diploma-qualified



Ann
Cert III-qualified



Yuchen
Casual

In July, the children in the integrated kinder group had been engaging with cooking session on every Monday, Tuesday and Friday. We have tried many different recipes to make cookies, scones, apple pies, banana muffins, scrolls, pancakes, animal shaped waffles and many other delicious things. We always ask our children what they want to cook and look for the recipes together. We read the ingredients list and instructions with the children during the cooking session. It provides opportunities for building children's literacy skills, measuring skills and life skills.

We also have been going on excursion every Wednesday and Thursday to the local parks such as the Bruce Street Reserve Playground, Curlew Park and Lohse Street Reserve Playground. We have the opportunities to visit the local cafe, Laverton train station and the community hub on the way walking to the local parks. We talk about road safety while walking to the park, kinder children learned about the following safety instructions to the educators in the public space. These excursions are an important part of our program as children can get to know different places in our local community and explore the environment outside of the centre.

SESSIONAL KINDERGARTEN (3 YEARS OLD)

In sessional kindergarten 3, the children have had an interest in colours and the arts. They have been doing lots of dot paintings, paintings, and drawing, and narrate their processes. We learned to sing along and sign to "Sing a Rainbow" in AUSLAN. We will be exploring the concepts of colour mixing and conduct more experiments in the next few weeks.

The children are becoming more confident in going on excursions and are excited to explore the local area. This month, we went to the park and to the local cafe, where we had babychinos with marshmallows!



Zenith
Kindergarten
Teacher



Harneet
Diploma-
qualified



SESSIONAL KINDERGARTEN (4 YEARS OLD)

We have been focusing on our identity and where our parents and grandparents are from and what we know about other countries. We have been talking about our different identities, our favorite cultural foods, such as chicken pies from Australia, pasta from Italy, fried rice from Asia, chicken rice from Singapore and many many more delicious foods. We have also talked about the different languages we speak at home. Children have been contributing on how to say hello in their home language. Some of the greetings we learnt were 'Assalamualaikum', 'Namaste', 'Apa Kabar', 'Ni Hao Ma', 'Ciao', 'Bonjour', 'G' day', 'Buenos Dias', 'Gutentag', 'Konichiwa', 'Shalom', 'Hola', and 'Chomreabsuor' and 'Do-brey dien'. We learnt that there are so many languages all over the world and we have been singing, 'Hello to all the children of the world,' song' The whole world in our hands' song together while signing in 'AUSLAN' (Australian Sign Language) and 'Colors of the rainbow' song (Auslan). We have also been practicing our 'Acknowledgement to country' in Auslan before every group time to acknowledge the aboriginal people as the traditional owners of this land. Children know how to sign the acknowledgement to country fluently in Auslan.

We have also been focusing on mixing the 4 primary colours to get various secondary colors experiment and we will be extending on this to get natural colors from fruit and vegetables. We have extended on this by doing some marble art painting using oil paints as well which the children have enjoyed so much. One of our other topics we have been focusing on is 'energy and electricity'. We have been discussing a lot about different kinds of electricity such as static electricity, electricity to run out homes and work places and schools and energy our bodies needs to function well.

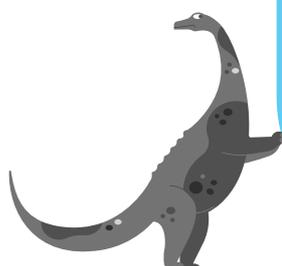
We will be focusing literacy and numeracy using play experiences during small and large group times next term. We will also be having discussions about the solar system talking about our different emotions and what simple activities that might help us regulate these emotions to help us better prepare for school.



Cathy
Kindergarten
Teacher



Kanthi
Diploma-
qualified



MESSAGE FROM THE KITCHEN

RECIPE: Chicken Poké Bowl

Serves: 68

Ingredients:

- 3.4 kg chicken thigh, cut into 2cm cubes
- 135 mL reduced salt soy sauce
- 70g garlic, crushed
- 70g ginger, grated
- 70g honey
- 2 kg rice, uncooked
- 1.4 kg corn kernals, drained
- 1.4 kg peas*
- 1.7 kg bok choy, sliced thinly
- 1.7 kg broccoli, cut into florets, stem sliced thinly
- 135 g sunflower or pumpkin seed



Aki
Cook



Kylie
Cook



Method:

1. Combine chicken with soy, garlic, ginger and honey and leave to marinate for ten minutes or overnight if you have time.
2. Cook rice according to packet instructions.
3. Cook the chicken in a non-stick pan over a meium heat until cooked through. Remove chicken from pan and tip the bok choy and corn kernals into pan to cook light in any sauce that is left in the pan.
4. Meanwhile, steam or boil the broccoli and peas for 3-4 minutes and drain.
5. To serve, place the rice, chicken, vegetables and seeds into separate serving bowls so the children can self-serve and build their own poké bowl.

*If your budget allows, peas can be replaced with edamame beans

EXTRACURRICULAR

At music and movement lessons with toddlers and preschool groups. Educators introduces bells and sticks in to music game. At this early stage, reaching, grasping, and releasing are basic fine motor skills. It is important to start developing these skills because they are the building blocks of complex fine motor skills that are developed later. For example, picking up a bell requires a different skill than grabbing a stick.

Use sticks and bells to explore the difference music sounds with heavy and soft that is children favourite game.



Helen
Diploma-
qualified



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EXCURSIONS

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UP AND COMING SPECIAL DAYS

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